

Some inequalities solved by SOS method

Chapter 1

Problems

Problem 1. Prove that for all positive real numbers a, b, c we always have

$$\frac{1}{(x+y)^2} + \frac{1}{(y+z)^2} + \frac{1}{(z+x)^2} \geq \frac{9}{4(xy+yz+zx)}$$

(Iran TST 1996)

Problem 2. Suppose that x, y, z are positive real numbers and $xyz \geq 1$.
Prove the following inequality

$$\frac{x^5 - x^2}{x^5 + y^2 + z^2} + \frac{y^5 - y^2}{y^5 + z^2 + x^2} + \frac{z^5 - z^2}{z^5 + x^2 + y^2} \geq 0$$

(IMO 2005 Pro. A3)

Problem 3. Prove that for all positive real numbers a, b, c we always have

$$\frac{a}{b+c} + \frac{b}{c+a} + \frac{c}{a+b} + \frac{abc}{2(a^3 + b^3 + c^3)} \geq \frac{5}{3}$$

(Pham Kim Hung)

Problem 4. Prove that for all positive real numbers a, b, c we always have

$$\frac{2(a^3 + b^3 + c^3)}{abc} + \frac{9(a+b+c)^2}{a^2 + b^2 + c^2} \geq 33$$

(Hojoo Lee)

Problem 5. For all positive real numbers a, b, c , prove that

$$\frac{a^4 + b^4 + c^4}{ab + bc + ca} + \frac{3abc}{a+b+c} \geq \frac{2}{3}(a^2 + b^2 + c^2)$$

Problem 6. Find the best positive constant k for the inequality

$$\frac{a^3 + b^3 + c^3}{(a+b)(b+c)(c+a)} + \frac{k(ab+bc+ca)}{(a+b+c)^2} \geq \frac{3}{8} + \frac{k}{3}$$

in which a, b, c are non-negative real numbers.

Problem 7. Find the best positive constant k for the inequality

$$\frac{ab+bc+ca}{a^2+b^2+c^2} + \frac{k(a+b)(b+c)(c+a)}{abc} \geq 1 + 8k$$

with $a, b, c \geq 0$.

Problem 8. Consider the following inequality

$$\frac{2a}{b^3+c^3} + \frac{2b}{c^3+a^3} + \frac{2c}{a^3+b^3} \leq \frac{1}{a^2} + \frac{1}{b^2} + \frac{1}{c^2}$$

a). Prove that it's not true for all non-negative real numbers a, b, c . b). Prove that it's true if a, b, c are three lengths of an acute triangle.

Problem 9. Let a, b, c be the length of tree sides in a triangle. Prove that:

$$\frac{3(a^4 + b^4 + c^4)}{(a^2 + b^2 + c^2)^2} + \frac{ab + bc + ca}{a^2 + b^2 + c^2} \geq 2$$

Problem 10. Prove that for all nonnegative numbers a, b, c we always have

$$\frac{(a+b)(b+c)(c+a)}{8abc} + \frac{ab+bc+ca}{a^2+b^2+c^2} \geq 2$$

Problem 11. Prove that for all $a, b, c \geq 0$

$$\left(a + \frac{b^2}{c}\right)^2 + \left(b + \frac{c^2}{a}\right)^2 + \left(c + \frac{a^2}{b}\right)^2 \geq \frac{12(a^3 + b^3 + c^3)}{a+b+c}$$

Problem 12. Prove that for all $a, b, c \geq 0$

$$\frac{a^4}{b^3+c^3} + \frac{b^4}{c^3+a^3} + \frac{c^4}{a^3+b^3} \geq \frac{a+b+c}{2}$$

(Pham Kim Hung)

Problem 13. Prove that for all $a, b, c \geq 0$

$$\frac{a^3}{a^2+2b^2} + \frac{b^3}{b^2+2c^2} + \frac{c^3}{c^2+2a^2} \geq \frac{a^3}{2a^2+b^2} + \frac{b^3}{2b^2+c^2} + \frac{c^3}{2c^2+a^2} \geq \frac{a+b+c}{3}$$

(Pham Kim Hung-Tran Le Bach)

Problem 14. Prove that for all $a, b, c \geq 0$

$$\frac{a^2 + b^2 + c^2}{ab + bc + ca} + \frac{8abc}{(a+b)(b+c)(c+a)} \geq 2$$

Problem 15. Let x, y, z be nonnegative real numbers, find the greatest possible positive value of k such that

$$(x+y+z)^5 \geq k(x^2 + y^2 + z^2)(x^2y + y^2z + z^2x)$$

The following is also nice

$$(x+y+z)^5 \geq 8(x^2 + y^2 + z^2) [xy(x+y) + yz(y+z) + zx(z+x)]$$

(Vasile Cirtoaje)

Problem 16. Let p, R, r denote the half of the perimeter, the radii of the circumcircle and incircle of a triangle. Prove that

$$p^2 \leq 4R^2 + 4Rr + 3r^2$$

Problem 17.

$$\frac{(a-b)(3a+b)}{a^2+b^2} + \frac{(b-c)(3b+c)}{b^2+c^2} + \frac{(c-a)(3c+a)}{c^2+a^2} \geq 0$$

Problem 18.

$$\sum_{\text{Cyclic}} a^4(a-b) \geq 2abc \sum_{\text{Cyclic}} a(a-b)$$

(Vasile Cirtoaje)

Problem 19. (¹)

$$\frac{b^2 + c^2}{a^2 + bc} + \frac{c^2 + a^2}{b^2 + ca} + \frac{a^2 + b^2}{c^2 + ab} \geq 2 + \frac{a^2 + b^2 + c^2}{ab + bc + ca}$$

Problem 20.

$$\frac{1}{2} + \frac{a^2 + b^2 + c^2}{ab + bc + ca} \geq \frac{a}{b+c} + \frac{b}{c+a} + \frac{c}{a+b}$$

Problem 21.

$$(a^2 + b^2 + c^2) \left(\frac{1}{a^2} + \frac{1}{b^2} + \frac{1}{c^2} \right) + 15 \geq 4 \left(\frac{a+b}{c} + \frac{b+c}{a} + \frac{c+a}{b} \right)$$

¹Now, we'll let a, b, c be non-negative real numbers for the following and you need to prove the inequalities below

Problem 22.

$$\sqrt[3]{\frac{(a+b)(b+c)(c+a)}{8}} \geq \sqrt{\frac{ab+bc+ca}{3}}$$

(Carlson's Inequality)

Problem 23.

$$a^2 + b^2 + c^2 + a\sqrt{bc} + b\sqrt{ca} + c\sqrt{ab} \geq 2(ab + bc + ca)$$

Problem 24. Let a, b, c be the length of tree sides in a triangle. Prove that:

$$\sum_{\text{Cyclic}} \left(\frac{a+b-c}{c} \right) (a^2 + b^2) \geq \sum_{\text{Cyclic}} ab \left(\frac{a+b}{c} \right)$$

(Tran Le Bach)

Problem 25.

$$\sum (a+b-c)(b+c-a) \geq \sqrt{abc}(\sqrt{a} + \sqrt{b} + \sqrt{c})$$